

BEN LOMOND QUAKER CENTER invites you to:

**CHOOSING PEACE:**  
**Nuturing Ourselves as**  
**Peacebuilders**  
**in a Divided World**  
*with Bridget Moix*  
**April 17 - 19, 2020**



*Do not be dismayed by the brokenness of the world.  
All things break. And all things can be mended.  
Not with time, as they say, but with intention.  
So go. Love intentionally, extravagantly, unconditionally.  
The broken world waits in the darkness for the light that is you.*  
- L.R. Knost

**How do we sustain our witness as peacebuilders amid such deep division, violence, and fear today?** How do we turn our own anger and dismay into positive change in the world? How do we practice hope?

This workshop will help us reconnect and renew ourselves as peacebuilders. Together we will learn from the examples of people building peace around the world, take time to reflect on our own leadings, soak in nature, and share practical ways we can help heal our country and communities. We will worship and work, walk and play, write and reflect. This program will be active and interactive. Participants are encouraged to bring a special object that signifies what peace means to them.

**ABOUT THE PROGRAM LEADER:** **Bridget Moix** is a peace advocate, activist, and scholar who



has worked with Quaker and other peace organizations throughout her career. She currently serves as US Executive Director of Peace Direct and as Assistant Clerk of the Friends Committee on National Legislation. She holds a PhD in conflict resolution and recently published her first book, *Choosing Peace: Action and Agency in the Midst of War*. Bridget lives in Washington, DC, with her two sons, who challenge and nurture her own peacebuilding skills every day.

**QUAKER CENTER**

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