

WHAT TO BRING and WHAT NOT TO BRING TO QUAKER CENTER

YOU WILL NEED:

- Pillowcase and Bedding (sleeping bag OR single sheets and blanket). We provide one pillow and one blanket per bed. *Note: Contact us if you would prefer to rent bedding and towels from Quaker Center for \$10 a set*
- Towels
- Toiletries, including soap for the shower (unscented)

YOU WILL LIKELY WANT:

- A flashlight
- Good walking shoes
- Sweatshirt/sweater (even during the summer)
- Raingear (October-May)
- Insect repellent (April-September)

SOME PEOPLE LIKE TO HAVE:

- Slippers and a throw
- Cloth napkin and your own (marked) coffee cup
- Alarm clock
- Earplugs (you'll probably have a roommate)
- Shower shoes

PLEASE DO NOT BRING

- Pets, except for service animals trained to perform specific tasks for disabled people
- Highly scented toiletries and perfumes
- Candles, incense, or anything else that would create a strong scent

If you are coming with small children, consider bringing:

- a portable crib
- a booster seat or high chair
- a carrier or all terrain stroller
- toys and picture books

TELEPHONE NUMBERS AT QUAKER CENTER to leave with friends and family to call your group.

Each of the two group facilities has a phone near the dining room:

- o Orchard Lodge 831-336-9665
- o Redwood Lodge 831-336-9666

The **Quaker Center cell phone number is 831-212-2631** can be used to reach the staff member on call. Please ask your participants or loved ones to use it **only for emergencies**.

Driving Directions to Ben Lomond Quaker Center

From San Jose or the Bay Area: Take Highway 101, I-280 and Highway 85, or I-880 south to Highway 17 toward Santa Cruz. Go over the summit and down the mountain to the second Scotts Valley exit (Mt. Hermon Rd., Felton, Big Basin). Go right at end of ramp onto Mount Hermon Road.*

Important Note: If you use a computer mapping program or a GPS it may give you a route from the Bay area that takes you over mountain roads such as Bear Creek Road, Highway 9, and Highway 35; they are scenic but slow moving and confusing, especially at night. We recommend the directions above.

From Points South: Take Highway 101 North to Salinas, then Highway 183 to Highway 1 North to Highway 17 at Santa Cruz. Take Highway 17 North to the first Scotts Valley exit (Mt. Hermon Rd., Felton, Big Basin). Follow exit which crosses over Highway 17 and becomes Mt. Hermon Rd.*

***From Scotts Valley, CA (Mt. Hermon Rd.):** Take Mt. Hermon Rd. west through Scotts Valley, and continue about 4 miles where it ends in Felton at a “T” intersection with a traffic light. Turn right on Graham Hill Rd. and go to the “other traffic light” in Felton. Turn right again and go North on Highway 9 for 3 miles to Ben Lomond.**

****From Ben Lomond, CA:** Take Highway 9 North from the light at the center of town. Continue one quarter mile to the Quality Inn (on left). About 150 yards past motel, move into the center turning lane as soon as it starts and immediately turn left onto Hubbard Gulch Rd. There is a sign for Quaker Center at this intersection. If you reach Alba Rd. or the Orthodox Church of Sts Peter and Paul, you have gone too far! There are signs for Quaker Center all the way up Hubbard Gulch Rd. One mile up, watch for specific signs for your group.

Location:	Approx. Distance:	Approx. Travel Time:
San Francisco (Golden Gate Bridge) (via Hwy 1)	90 miles	2 hours, 15 minutes
SFO -- San Francisco Int'l Airport (via I-280)	80 miles	1 hour, 45 minutes
Oakland (via I-880)	80 miles	2 hours
SJC -- San Jose Int'l Airport	35 miles	50 minutes
Santa Cruz	12 miles	30 minutes

For public transit directions, see our website: www.quakercenter.org.

Please respect your specified arrival time. **Early arrivals and unscheduled visitors can negatively impact** another group's program or an individual's private retreat. Please call in advance to make an appointment if you would like to visit.