

BEN LOMOND QUAKER CENTER invites you to:



What Matters in the End? **Accompanying Oneself or Another to Death**

*with Margaret Sorrel
and Dinah Bachrach*

October 27 - 29, 2017

“Death rims life with the beauty of Transiency. It is because beauty is always passing -- clouds moving, waters flowing, leaves scattering, youth aging -- that it so pierces our hearts.”

~ Bradford Smith, 1965

It is a great gift to be able to approach our own death or that of another from a place of conscious preparation, knowing one's own gifts, hopes and fears and those of our caregivers. Among the topics we'll explore will be our readiness to die, chosen death, caregiving and receiving, difficulties that arise between the person dying and the one accompanying that person. The focus will be on personal exploration and clarification of physical, emotional and spiritual issues surrounding death, knowing that the needs and desires of each person are unique.

We will guide the process through our own personal sharing, and posing questions to participants. Participants will have opportunities to engage with these questions through writing and in verbal sharing in small and large groups.

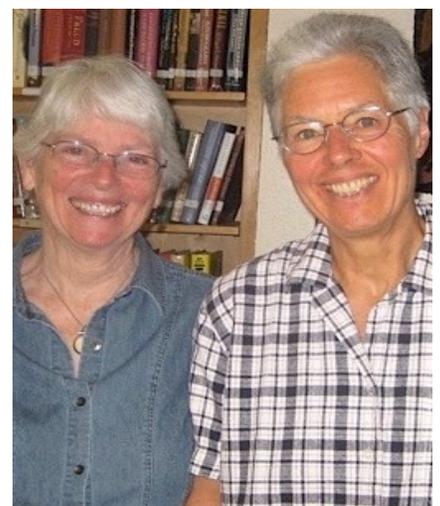
The program is aimed at people who, perhaps by reason of age or an experience of a significant death in their lives, have begun to think about death in a conscious way. We expect that participants will emerge with both questions and answers to topics they have thought about and those that had not yet occurred to them.

ABOUT THE FACILITATORS:

Dinah Bachrach is a practicing psychotherapist. She finds passion in her work with couples and individuals. She is engaged with many social causes, racial justice, homelessness, and refugee work. She nurtures herself through dance and music and has recently become a member of Redwood Forest Friends Meeting.

Margaret Sorrel is a life long Quaker, currently a member of Strawberry Creek Meeting now worshipping with Redwood Forest Friends. She clerks the board for Friends House, is involved with racial justice work and homeless advocacy and works as an osteopathic physician with children. She is passionate about her grandchildren, gardening and biking.

Both of us have walked the path toward death with our beloved partners. We were pushed to recognize our own gifts and limitations in the process and the insights that we gained left us wishing to help others explore their own hopes, fears and expectations.



TO REGISTER for *What Matters in the End*, fill out this form and send it to the address below OR register online at www.quakercenter.org/register/.

Name(s) of attendees: _____ and age(s) of children coming: _____

Mailing Address: _____

Phone: _____ E-mail: _____

I/we plan to pay \$ _____/person on the \$160 - \$240/person sliding scale. (More on this below)

I plan to use the Quaker Center Annual Pass purchased by _____ (name of meeting)

Medical or ethical dietary restrictions: _____

Accommodation or mobility concerns: _____

----- Detach Here and Return -----

Check-in is from 4 PM to 6 PM. Dinner is served at 6 PM and the first program session will begin at 7:30pm. You can expect to be depart by 2 PM on Sunday after closing worship. We no longer require a deposit with your registration. We trust that you will "let your yay be yay" and you'll participate in this program if you register. If you absolutely must cancel, please do so at least two days in advance. Otherwise we will request \$50 payment for the food the cook has already purchased for you.

A NOTE ABOUT OUR SLIDING SCALE:

- **Comprehensive rate:** The top of our scale covers all our costs. **(\$240/person).**
- **Standard rate:** We hope most people will pay at least this amount. **(\$200/person)**
- **Special reduced rate:** The bottom to our scale **(\$160/person).**

No one will be refused from our programs due to lack of funds. Please call or email us for financial aid.

CHILDCARE: will be provided by **advance arrangement with Directors** at no extra charge to parents, though we request **\$50 per child** to cover the cost of meals.

ACCOMMODATIONS, THINGS TO BRING, AND FOOD: Sleeping accommodations will be in the Orchard Lodge in semi-private rooms. **Bring a sleeping bag or sheets, pillowcase, towel, and toiletries.** Please do not wear or bring strongly scented toiletries. All meals at Quaker Center are vegetarian. We ask all participants to take turns working together on meal prep, dish crew, and cleaning at the end of the program. **Please tell us if you must leave early** so that we can make sure you get signed up for a final clean up task that can be done early.

PLEASE DO NOT BRING PETS. Only service dogs trained to perform a specific task to palliate the disability of the dog's handler may accompany guests. **Please call Quaker Center in advance if you would like to bring your service dog.**

TRANSPORTATION: See our website, www.quakercenter.org/directions/ for directions. If you are **arriving by bus, let us know at least a day in advance if you need a shuttle and we will pick you up** from the Main Street stop in Ben Lomond. **If you need to change your pick-up time, please call 831-212-2631.**

DRIVING DISTANCES FROM:

- Los Angeles: 365 miles, 6.5 hours
- Sacramento: 150 miles, 2 hours, 45 minutes
- San Francisco: 90 miles, 2 hrs and 15 minutes
- San Jose Intl Airport: 35 miles, 50 minutes
- Santa Cruz, 12 miles, 25 minutes

PUBLIC TRANSIT:

- **Amtrak:** Take the train to the San Jose Diridon Station
- **From the San Jose Diridon Station:** Take the 17 Express bus to the Cavallaro Transit Station in Scotts Valley.
- **From the Scotts Valley or Santa Cruz:** Take the 35 or 35A bus to Ben Lomond.
- **In Ben Lomond:** Get off at Highway 9 and Main Street and walk or call for a ride.

QUAKER CENTER

Box 686, Ben Lomond, CA 95005

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